



*An informational newsletter for our prospective friends and donors*

**Our Mission: Kishwaukee Health Foundation supports the caring mission of KishHealth System's not for profit entities by cultivating relationships to provide funds and other resources needed to enhance our community-owned health system.**

**SPECIAL NOTES!**

KHF hosted a fantastic trip to France in May. Thirty-one people enjoyed the sites of Paris and a riverboat cruise along the Saone and Rhone Rivers, ending in Nice and Monte Carlo. Watch for information on our next trip in 2011.



**K I S H W A U K E E   H O S P I T A L   N E W S**

Kishwaukee Community Hospital's Diagnostic Imaging department has purchased a new Bone Densitometer, a state-of-the-art machine that measures bone density and assists in the diagnosis of osteoporosis. Thanks to the generous donors to Kishwaukee Health Foundation this service will be offered at Kish Hospital for the first time.

KHF funded the purchase price of the machine through donations to the annual giving

program, Friends for Life KCH100. Friends for Life began in 1981, and in the past 28 years has received donations of over \$2.2 million! These donations have been used throughout the years to fulfill capital equipment needs, purchase advanced technology, assist with capital building needs, and help fund our endowment for future such needs.

For more information on how you can join your friends and neighbors in supporting

quality healthcare by contributing to one of our annual funds, contact us at 815.748.9954.

**"You can have everything in life that you want if you will just help enough other people get what they want."**

*-Zig Ziglar*

**V A L L E Y   W E S T   H O S P I T A L   N E W S**

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At Valley West Community Hospital in Sandwich, funds from the annual giving campaign, Heart of the Hospital, will be used to help purchase a new diagnostic ultrasound system for the Diagnostic Imaging department. This system will be used for cardiac imaging

and vascular studies such as venous and arterial dopplers of the extremities. It will also be used for general ultrasound studies for breast, OB, and abdominal organs such as gallbladder and kidney ultrasounds.

The purchase of this new machine will improve services to physicians and patients, and will have a direct positive impact on the care and results delivered at Valley West.

Heart of the Hospital, which began in 2004, has raised

over \$310,000, funds which have been used to assist with upgrades to the Emergency Department, added Maternity Suite rooms, and purchased new equipment and technology. Future donations will be used to fulfill capital equipment needs, purchase advanced technology, assist with capital building needs, and help fund our endowment for the future. For more information on how you can donate contact the Health Foundation at 815.748.9954.

## THE ART OF PLANNED GIVING

### What are planned gifts, and how do I go about making one?

Planned gifts are those that a donor makes either during their lifetime or after their death. The 'art' of the gift comes in the planning process.

There are many gift vehicles that can be used to create a planned gift. Your attorney or tax advisor can give you guidance regarding which type of gift is the most beneficial for your specific situation. Here are a few examples:

- ◆ Name Kishwaukee Health Foundation as a beneficiary of cash, either a fixed amount or a percentage, in your will, trust, or estate plan.
- ◆ Name Kishwaukee Health Foundation as beneficiary of stock or other type of personal property in your will, trust, or estate plan.
- ◆ Designate Kishwaukee Health Foundation as the owner or beneficiary of a new or existing life insurance policy.
- ◆ Create a Charitable Gift Annuity, Charitable Lead Trust, or other type of charitable trust and designate Kishwaukee Health Foundation as a beneficiary.
- ◆ Name Kishwaukee Health Foundation as a "contingent beneficiary" in your will or estate plan in the event your primary beneficiaries predecease you.
- ◆ Designate Kishwaukee Health Foundation as a beneficiary on your tax-deferred retirement plan such as an IRA or 401k Plan. The Health Foundation receives the full benefit of your gift, and it is not taxable income to you.

These are just a sampling of ideas on how you can support quality healthcare for your family and friends, in your own backyard, for years to come...often without spending any money now!

Upon advising us of your gift, planned gift donors become members of the newly formed **Legacy Society**, and will be invited to a special annual appreciation event!

Watch for information on future educational seminars on planned giving.

In the meantime, if you would like information on how to include Kishwaukee Health Foundation in your will or revocable trust, or as a beneficiary of your life insurance policy, IRA or retirement annuity, please contact our office at 815.748.9954. We would also appreciate knowing if or when you include us in your will or estate plan, so we may thank you appropriately and include you in the **Legacy Society**.



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**Would you like to receive future newsletters via email? E-mail your request to [khf@kishhealth.org](mailto:khf@kishhealth.org).**

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## DEKALB COUNTY HOSPICE B.U.N.S.

DeKalb County Hospice continues its B.U.N.S. program... Baking Up Nice Surprises.

B.U.N.S. is an event made possible completely by volunteers.

Three times a year gift bags filled with goodies are delivered to Hospice patients and newly bereaved families. Volunteers decorate and fill the bags as well as set



the delivery routes, make phone calls, and pack the bags. These bags are very much appreciated by their recipients.

If you are interested in helping bake or helping with the delivery of the bags, please contact DeKalb County Hospice at 815-756-3000.

*To learn more about becoming involved with the Kishwaukee Health Foundation and its not-for-profit entities, please contact us:*  
**Kishwaukee Health Foundation One Kish Hospital Drive, DeKalb IL 60115 [www.kishwaukee-health-foundation.org](http://www.kishwaukee-health-foundation.org)  
815.748.9954**